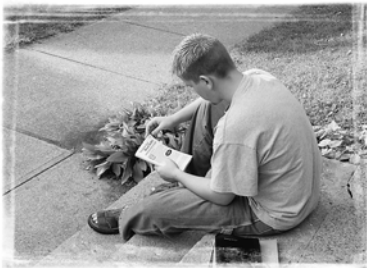


How Can We Receive the Most Out of the Experience?

Here are three activities that leaders should emphasize:

1. Personal Quiet Times

If quiet times are not deliberately scheduled in, they probably won't happen. We've found that it works best to schedule quiet time after breakfast but before the work gets started for the day. For example, if breakfast is scheduled for 8:00, schedule the quiet time for 8:30. If you require that everyone show up at breakfast, showered, dressed and ready for the day, you are less likely to have people sleeping through quiet time since they should be wide awake after breakfast.



It is also a good idea to have everyone participating in the same devotional guide.. This helps to promote conversation and sharing within your group. If you are interested, RMM can provide a devotional guide that will apply to your group either overseas or stateside.

2. Journaling

A journal is a place where you can write your thoughts, questions, emotions, and experiences. We suggest taking the final 30 minutes before lights out at the end of the day for everyone to be quiet and spend some time in personal reflection and journaling. This is a good time to look back over the day and record the activities of the day as well as how they felt about particular events.

In years to come it is great to look back, read through the journal and see how God moved during this time as well as how he was working in the lives of your youth.

3. Huddle Groups (or Group Processing Times):

At the end of each day (before journaling time), we recommend that the youth get together in designated groups and reflect on what they've learned. The leader could help them reflect by asking the following questions:

- Where did you see Jesus today?
- What did you learn about problems and opportunities?
- What did you learn about yourself?
- If you could tell God anything today, what would it be? What would he say to you?



You might also take this time to pray about specific situations that you were made aware of during the day and deal with personal issues that might be arising in the youth.