

BETWEEN YOU AND ME

by Carmal Miller
Assistant Director of the SEND Department



Bigger Than Your Box

After reading numerous end-of-REACH evaluations and talking to REACHers during reentry, I'd say one of the largest areas of growth for the average REACH participant is development of intimacy with God. During training, the daily schedule includes one hour of quiet time, and on outreach, many teams designate thirty minutes to an hour a day for personal time with Jesus. All this is great; however, the larger question is how does quiet time translate into ordinary life back at home?

disciplined enough to set aside an hour a day to spend with God, He continued to show up and draw me closer without me recognizing it. Looking back, I realize that I continued to grow in intimacy with God—it just looked different. And that was and is okay—it's even good!

Sure, quiet times will definitely help you grow spiritually, but keep in mind that not one Bible verse exists that says, "Early shalt thou rise and spend one hour of thy day reading thy Bible and praying."

"Looking back, I realize that I continued to grow in intimacy with God - IT JUST LOOKED DIFFERENT."

I struggled with this for a long time after I returned from outreach. After a year or so, I realized I'd come to believe that if my quiet times didn't look like they did during REACH I wasn't measuring up. REACH had become the pinnacle of life with God and ordinary life felt like a downhill slope. Amazingly, while I was beating myself up for not being

Scripture does, however, command us to *hide God's word in our hearts, to meditate on it day and night, and to pray without ceasing*. If your quiet times have become stale and crusty, take a break and ask the Father to create more God-consciousness within you. He permeates your ordinary life—perhaps all you need is to realize that you are the only one not contained in the box you have created.



The SEND Ministries Department exists to equip and motivate youth to be Christ-centered, world Christians who make disciples.

www.send-me.org